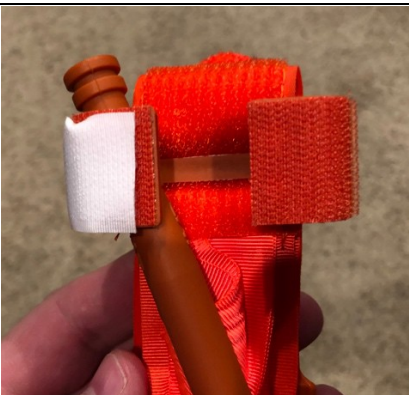
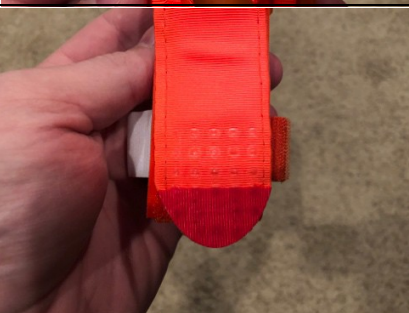





Combat Application Tourniquet (CAT) Application



Prepared by Chris Mailliard

<p>1. The Combat Application Tourniquet should be stored with the Windless Rod secured in the Windless Clip and the Retaining Strap secured on one side of the Windless Clip.</p> <p>This method of storage allows for the fastest application.</p>	
<p>2. For application position the CAT with the Red Tip up and pointing at you.</p>	
<p>3. Place your index finger (uninjured arm for One Handed Application) in the CAT under the Red Tip and place your thumb on the Red Tip</p>	

4. With your finger and thumb in place shake the CAT down with some force.

You are trying to free the Velcro enough to slide the CAT up the arm or leg. Even if you do not get it completely freed, you should be able to slide it up your arm or leg.

DO NOT WASTE TIME TRYING TO UNDO ALL THE VELCO – You can see in the picture it is not completely free, however it will still move up the arm or leg.



5. Slide the CAT up the arm or leg.

Your goal is to get it as **HIGH** on the arm as you can.

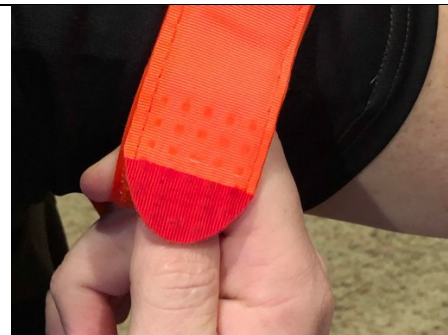
HIGH AND TIGHT



Notice in Steps 3-5 the thumb and index finger never move. This enables the proper application of the CAT on the arm or leg. It is preferable to use this method for application to legs as well as arms. Proper positioning is important and is a known failure point in several applications. If you must disassemble the CAT (remove band from buckle) ensure you have placed in the proper position with the Windless Clip and Rod away from the body (not next to it)

6. Grab the Red Tip and pull hard.

It may help to use your thumb to flick the Red Tip up a little bit to allow a more positive grip on the Red Tip



7. Wrap the Velcro band around the back of the arm or leg.

FAILURE POINT – You **MUST** make this initial pull and wrap as **TIGHT** as you can. Failure to do this may result in improper application.

HIGH AND TIGHT



8. Do not wrap the Velcro band over the Windless Clip yet.



9. Twist the Windless Rod until the bleeding stops. If you made the initial wrap in Step 7 as tight as possible, this should take no more than 3 twists or 1½ full rotations of the Windless Rod.

Once tight secure the Windless Rod into the Windless Clip.



10. Pull the remaining Velcro band over the Windless Clip and Windless Rod.



11. Secure the Retaining Strap

Record the Time



